

Ham Fritata

1 c chopped, cooked ham
8 eggs
1 c milk
1/4 onion, chopped
salt and pepper to taste
oil

Coat oven safe skillet with oil. Add onions and cook just until clear. In bowl combine eggs, milk, salt and pepper. Pour milk mixture into skillet with onions. Stir in ham and cook until just starting to set up on bottom. Transfer to broiler for 3-5 minutes, just until it bubbles up and is no longer soupy at all. Remove and serve immediately.